

2026 Strong Families AZ Home Visiting Conference  
**CELEBRATING MILESTONES AND CREATING MOMENTUM**  
Day 1 Agenda: September 14, 2026

|             |                                                                         |                    |
|-------------|-------------------------------------------------------------------------|--------------------|
| 7:30-9:00   | Registration                                                            |                    |
| 9:00-9:25   | Welcome                                                                 |                    |
| 9:25-10:40  | Emotional Intelligence: The Key to Helping Families Feel Seen and Heard | Dr. Marc Brackett  |
| 10:40-11:00 | Break, Exhibitors, and CQI Gallery                                      |                    |
| 11:00-12:15 | The Future is Human: Raising Children in the Age of AI                  | Dr. Dana Suskind   |
| 12:15-12:45 | Lunch Buffet                                                            |                    |
| 12:45-1:45  | Reflective Supervision 101                                              | Dr. Valerie Dallas |
|             | Reflective Supervision 201                                              | Dr. Sherryl Heller |
| 1:45-2:05   | Break, Exhibitors, and CQI Gallery                                      |                    |
| 2:05-2:20   | Strong Families AZ Professional Excellence Awards                       |                    |
| 2:20-3:30   | When Expectations Change: Navigating Ambiguous Grief                    | Kelly Lubeck       |
| 3:30-3:40   | Closing Day 1                                                           |                    |
| 3:40-4:00   | Exhibitors and CQI Gallery                                              |                    |

## Day 2 Agenda: September 15, 2026

7:30-9:00

Registration

9:00-10:15

Birth Vibes: Planning Without Pressure

Jen Hamilton

10:15-10:35

Strong Families AZ Professional Excellence Awards

10:35-11:00

Break, Exhibitors, and CQI Gallery

11:00-12:15

### BREAKOUT SESSIONS

Topic Selection: Understanding Domestic Violence: Survivor Experiences and Insights; Culture is Prevention: Parenting in 2 Worlds; Don't Leave Home Without Them - Hearing and Vision Screening as Essential Foundations in Early Childhood; How APAL Benefits Families

12:15-12:45

Lunch Buffet

12:45-2:30

Regional Collaboration:  
WIC and Home Visiting - Increasing Referrals  
and Accessing Services

WIC and Home  
Visiting Leadership

2:30-2:50

Break, Exhibitors, and CQI Gallery

2:50-4:00

### BREAKOUT SESSIONS

Topic Selection: Mental Health Conversations Through Empathy and Professionalism; Social Determinants of Health Among Native American Communities; Art as a Tool for Connection, Expression and Momentum; Breastfeeding in Real Life: Supporting Families Through Life Circumstances

4:00-4:15

Closing Day 2 - HOME VISITORS ONLY  
Transition to Next Session:  
WIC DIRECTORS AND COORDINATORS ONLY

4:15-5:15

WIC Directors and Coordinators Meeting

## Day 3 Agenda: September 16, 2026

|             |                                                                                                           |                    |
|-------------|-----------------------------------------------------------------------------------------------------------|--------------------|
| 7:30-9:00   | Registration                                                                                              |                    |
| 9:00-10:20  | Understanding the Next Generation of Parents and Professionals                                            | Alicia Rainwater   |
| 10:20-10:40 | Break, Exhibitors, and CQI Gallery                                                                        |                    |
| 10:40-11:55 | The Invisible Load:<br>ADHD, Women, and Parenting                                                         | Dr. Dave Anderson  |
| 11:55-12:25 | Lunch Buffet                                                                                              |                    |
| 12:25-1:25  | The Fathers We Don't Talk About:<br>Navigating Father Absence without<br>Father Erasure                   | Allan Stockellburg |
|             | I See Dad People: Valuing Fathers<br>During Home Visitation                                               | Noah Paul          |
| 1:25-1:55   | Break, Exhibitors, and CQI Gallery                                                                        |                    |
| 1:55-2:10   | Strong Families AZ Continuous Quality Improvement Award                                                   |                    |
| 2:10-3:15   | Default to Excellence: Celebrating<br>Milestones, Creating Momentum and<br>Becoming the Miracle in Motion | Terrance Minnoy    |
| 3:15-3:30   | CQI-SPY Winners Announced<br>Closing Day 3, Conference Concluded                                          |                    |

**Session times are approximate. Session titles are subject to change.**