



2024 High Risk Perinatal Program Annual Conference

Theme: *Improving Outcomes: The Impact of Care Continuity*

ACCREDITATION

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Conference Session Evaluations: <https://strongfamiliesaz.com/HRPPConference>



2024 High Risk Perinatal Program Annual Conference

Theme: *Improving Outcomes: The Impact of Care Continuity*

Agenda at a Glance

7:00am – 7:45am <i>Dining Hall & Foyer</i>	Check-in / Registration / Continental Breakfast / Exhibitor
7:45am – 8:00am <i>Foyer</i>	Transition to Cottonwood Ballroom for General Session
8:00am – 8:15am <i>Cottonwood Ballroom</i>	Welcome / Opening Remarks / Housekeeping Jess Payne, HRPP Manager Arizona Department of Health Services
8:15am – 8:30am <i>Cottonwood Ballroom</i>	Presentation of the 2024 Footprint Award
8:30am – 9:30am <i>Cottonwood Ballroom</i>	Improving Outcomes: How to Prevent <i>Lost to Follow Up</i> Dawn Bailey Arizona Department of Health Services Consultant
9:30am – 10:30am <i>Cottonwood Ballroom</i>	Identifying Variations and Syndromes in the NICU Dr. Gregory C. Martin, MD Phoenix Children’s Hospital
10:30am – 10:45am <i>Foyer</i>	Break / Networking / Exhibitors / Transition to Breakout Sessions
10:45am – 11:45am <i>Cottonwood Ballroom</i>	Breakout Sessions - Block 1 (Presentations Repeated) From Hips to Nips: The Impact of Today on Tomorrow’s Mealtimes Ramya Kumar, MS, CCC-SLP, BCSS, CNT, IBCLC, NTMTC Abrazo Medical
<i>Ocotillo</i>	COparent, COmmunication, COoperate: It Takes Two Allan Stockellburg, Parent Aid
<i>Brittlebush</i>	Critical Care for Caregivers Michele Thorne & Amy Ward, Care 4 the Caregivers
<i>Chia</i>	Cultural Humility for Community Health Nurses Teresa Aseret-Manygoats, MPA, Arizona Department of Health Services



Agenda at a Glance

11:45am – 12:30pm <i>Dining Hall & Cottonwood Ballroom</i>	Buffet Lunch Service
12:30pm – 1:00pm <i>Cottonwood Ballroom</i>	Care Continuity for Syphilis Exposed Infants Bree Anderson, MPH, CIC, Arizona Department of Health Services
1:00pm – 1:15pm <i>Foyer</i>	Break / Networking / Exhibitors / Transition to Breakout Sessions
1:15pm – 2:15pm <i>Cottonwood Ballroom</i>	Breakout Sessions - Block 2 From Hips to Nips: The Impact of Today on Tomorrow's Mealtimes Ramya Kumar, MS, CCC-SLP, BCSS, CNT, IBCLC, NTMTC Abrazo Medical
<i>Ocotillo</i>	COparent, COmmunication, COoperate: It Takes Two Allan Stockellburg, Parent Aid
<i>Brittlebush</i>	Critical Care for Caregivers Michele Thorne & Amy Ward, Care 4 the Caregivers
<i>Chia</i>	Cultural Humility for Community Health Nurses Teresa Aseret-Manygoats, MPA Arizona Department of Health Services
2:15pm – 2:30pm <i>Foyer</i>	Break / Networking / Exhibitors / Transition to General Session
2:30pm – 3:30pm <i>Cottonwood Ballroom</i>	Diabetes During Pregnancy and Effects on the Fetus/Newborn Dr. Sarah Kellerhals, MFM Banner Health
3:30pm – 4:30pm <i>Cottonwood Ballroom</i>	Ethics, Outcomes & Considerations of Neonates Born at the Limits of Viability Dr. Kevin Ellsworth, MD, Phoenix Children's Hospital
4:30pm – 4:45pm <i>Cottonwood Ballroom</i>	Closing Remarks Jess Payne, HRPP Manager, Arizona Department of Health Services



Session Descriptions

In date and time order

8:30am – 9:30am

Cottonwood Ballroom

Improving Outcomes: How to Prevent *Lost to Follow Up*

Dawn Bailey, Arizona Department of Health Services Consultant

The goal of this session is to increase knowledge around how families are thrust into a new world of systems and how these systems should function. Reflections on how their work does or does not work well to link continuity of care for families should identify ways families can be set up for positive outcomes and best possible success for navigating systems.

Upon conclusion of this session, attendees will be able to:

1. Understand the landscape of care that families must navigate
2. Define continuity in terms of the family perspective and how families process their needs within a system of care
3. Navigate various systems of care
4. Develop the family perspective within the system of care in terms of its role in the system structure to help improve outcomes

9:30am – 10:30am

Cottonwood Ballroom

Identifying Variations and Syndromes in the NICU

Dr. Gregory C. Martin, MD

Phoenix Children's Hospital

After this session, attendees will be able to:

1. Distinguish a variation from a syndrome.
2. Build the process of determining if findings constitute a variation or a syndrome.
3. Identify some common findings that lead to the diagnosis of syndromes.
4. Use a case based approach in the talk.

10:45am – 11:45am &
1:15pm – 2:15pm

Cottonwood Ballroom

Breakout Sessions - Blocks 1 and 2 (Presentations Repeated)

From Hips to Nips: The Impact of Today on Tomorrow's Mealtimes

Ramya Kumar, MS, CCC-SLP, BCSS, CNT, IBCLC, NTMTC
Abrazo Medical

The development of oral feeding skills starts from admission of the infant and continues past discharge from the hospital environment. Have you ever considered the impact of tummy time on oral feeding skills? Or the relationship between extension patterns and tongue movement? This



Session Descriptions

In date and time order

session will look at the impact of a NICU stay on developmental milestones and the interconnectedness of sensory-motor and feeding domains. We will also discuss current research and clinical reasoning to support or debunk common oral feeding myths that impact an infant's transition from hospital to home.

After this session, attendees will be able to:

1. List three common oral feeding myths that are not based on current evidence
2. Identify three ways in which motor milestones are interconnected with oral feeding skills
3. Identify three interventions that build the foundation for oral feeding skills
4. List three long term oral feeding outcomes to consider when working with infants in the NICU and community settings

Ocotillo

COparent, COmmunication, COoperate: It Takes Two

Allan Stockellburg, Parent Aid

Whether you are trying to communicate with your parenting partner, or attempting to gain the cooperation of your children, it takes two to make it work. Oftentimes, we want to blame the other party for any failures rather than examining our own parental expectations or communication patterns. Does communication happen if it's in a "language" one side doesn't understand? Does teaching happen if the student didn't learn? This workshop will help all attendees in their professional and personal lives when communicating and cooperating with "other brains."

After completing this session, participants will:

1. Identify hallmarks of a quality coparent
2. Articulate the similarities and differences in maternal and paternal parenting styles
3. Understand the similarities and differences in male and female communication
4. Create strategies for communicating with their partners and children



Session Descriptions *In date and time order*

Brittlebush

Critical Care for Caregivers

Michele Thorne & Amy Ward, Care 4 the Caregivers

On airplanes we are told “If masks fall from the sky, and you are traveling with a small child, put your mask on first.” Caregivers have PTSD-like symptoms that often go unaddressed, leading to downstream consequences not only for their mental and physical health for them, and higher rates of abuse, neglect, and abandonment for their children. If we want positive outcomes for children with disabilities, we have to start by caring for the caregiver.

Upon conclusion of this session, attendees will be able to:

1. Comprehend the mental and physical health ramifications experienced by caregivers lacking adequate support.
2. Grasp the concept of Protective Factors and their significance in the context of caregiving.
3. Formulate 2-3 actionable strategies to provide support for caregivers under your care or interaction.
4. Obtain a comprehensive list of organizations offering services to caregivers in the state of Arizona.

Chia

Cultural Humility for Community Health Nurses

Teresa Aseret-Manygoats
Arizona Department of Health Services

The session will define cultural humility, and share research related to the topic. Identify ways to develop and implement the concept into the day to day operations of agencies that work with patients from a variety and diverse demographic and cultural backgrounds. Understanding how to apply cultural humility will support the increase of efficacy and efficiency of services and follow up by patients or participants in programming.

After attending this session, participants will be able to:

1. Apply and integrate the concept into the day to day operations of agencies/ organizations
2. Access services and resources for populations participating in the HRPP
3. Define cultural humility and population health, and the important role of both in Public Health Prevention programs



Session Descriptions

In date and time order

12:30pm – 1:00pm
Cottonwood Ballroom

Care Continuity for Syphilis Exposed Infants

Bree Anderson, MPH, Arizona Department of Health Services

This presentation will provide a brief clinical overview of syphilis and congenital syphilis, examine current epidemiological trends and changes over the last few years, and discuss necessary follow-up care for individuals who are diagnosed with syphilis during pregnancy and their infants who are exposed to syphilis.

After attending this session, participants will be able to:

1. Articulate that pregnant persons should be screened 3 times during pregnancy.
2. Understand the necessary follow-up for pregnant persons diagnosed with syphilis.
3. Identify appropriate follow-up options for infants who were exposed to syphilis.
4. Cite the epidemiology of syphilis and congenital syphilis in Arizona.

2:30pm – 3:30pm
Cottonwood Ballroom

Diabetes During Pregnancy and Effects on the Fetus/Newborn

Dr. Sarah Kellerhals, MFM Banner Health

This lecture will review diabetes in pregnancy and span the impact of this disease during pregnancy, delivery, and the postpartum period. The current recommended testing and management guidelines for an inpatient and outpatient setting will be reviewed. Additionally, the maternal and fetal impact of diabetes in pregnancy will be discussed. Significant maternal morbidity can be associated with uncontrolled disease, especially in the interpregnancy interval. The importance of postpartum follow up and the different testing and screening options will be reviewed with recent data of testing strategies will be presented.

Upon completion of this session, attendees will:

1. Identify and cite the current testing guidelines for diabetes in pregnancy
2. Define the maternal and fetal risks throughout pregnancy, delivery and the postpartum period
3. Create management strategies for patients with diabetes in pregnancy to decrease the possible risk
4. Identify the various postpartum testing options for patients with gestational diabetes
5. Implement multidisciplinary care for patients with diabetes



Session Descriptions

In date and time order

3:30pm – 4:30pm
Cottonwood Ballroom

Ethics, Outcomes & Considerations of Neonates Born at the Limits of Viability

Dr. Kevin Ellsworth, MD, Phoenix Children's Hospital

The ethical framework used in working with families to determine the role of resuscitative efforts for infants born at the limits of viability will be discussed. Outcome data of these critically ill neonates, including mortality and numerous morbidities, will be presented through a review of the most relevant literature. Limitations, misrepresentations and confusion about such data, and the potential effect(s) on families and how they make decisions regarding resuscitation, will also be discussed. The important role that all providers play in those who provide perinatal care will be emphasized.

Upon completion of this session, attendees will:

1. Build an ethical framework for consideration of resuscitation for infants born at the limits of viability.
2. Define mortality and neurodevelopmental outcomes of infants born at the limits of viability.
3. Evaluate and identify the importance and limitations of how outcome data are presented and what effect(s) this may have on families as they make decisions regarding resuscitation of these critically ill neonates.
4. Create a strategy of multi-disciplinary collaboration in regard to maternal care and effects on neonatal outcomes.



Speaker Biographies

In alphabetical order by last name



Bree Anderson: Bree Anderson is a CDC Field Epidemiologist assigned to Arizona Department of Health Services (ADHS). She has worked in the field of STI epidemiology for over 5 years. In her current position, she has worked to expand surveillance of syphilis exposed infants in Arizona, serves as an area manager for many tribal and local health departments. Bree has a Masters of Public Health in Epidemiology from the University of Arizona.



Dawn Bailey: As the mother of a daughter with complex medical, cognitive, and physical conditions due to a rare genetic chromosomal abnormality, I have learned to navigate complicated and fragmented systems of care for over 18 years. I am committed to helping to improve the landscape of health systems and how they serve families and the community by sharing my lived expertise to improve care, programs, processes, data analysis, funding, and reimbursement models. In 2015, I began consulting with Arizona's MCH/Title V Children and Youth with Special Health Care Needs Program on development of materials, training and sharing my lived experience on various councils and stakeholder groups. Throughout this time, I have helped with Arizona's Maternal and Children's Health/Title V Block grant report, application and review as well as consulted with the various programs on increasing family and young adult engagement. I have been invited to add my lived experience to additional areas including Public Health Emergency Preparedness and Health Care Delivery both in Arizona and nationally.



Dr. Kevin Ellsworth, MD: Dr. Kevin Ellsworth was raised in Mesa, Arizona. He attended the University of Arizona and Arizona State University where he graduated Summa Cum Laude while engaging in neonatal seizure research at Barrow Neurological Institute, Phoenix, AZ. He completed medical school and pediatric residency training at the University of Pittsburgh and the Children's Hospital of Pittsburgh of UPMC, respectively. He then went to Mayo Clinic, Rochester, MN, where he completed his Neonatal-Perinatal fellowship with additional training and certification in clinical research. In addition, he received advanced training in basic and clinical research funded by the National Institutes of Health. After fellowship, he moved back to Arizona to be closer to friends and family and in 2020 he was hired by Phoenix Children's Hospital to help rebuild their Division of Neonatology, including the development of a large neurodevelopmental clinic and fetal care network and the establishment of a neonatal fellowship. Research interests include management of pulmonary hypertension in preterm infants and care of critically-ill neonates born at the limits of viability. For fun he enjoys running marathons with his wife.



Speaker Biographies

In alphabetical order by last name



Dr. Sarah Kellerhals, MD: Dr. Sarah Kellerhals is a Maternal Fetal Medicine Fellow at the University of Arizona, College of Medicine- Phoenix and will complete her fellowship training in the summer of 2024. She completed her undergraduate education from the University of California at San Diego with a degree in Human Biology and her medical education from University of Arizona, College of Medicine Phoenix where found her passion for women's health and Obstetrics and Gynecology. She completed OBGYN residency at Emory University in Atlanta, Georgia where she developed an interest in high-risk pregnancy and decided to pursue fellowship training in Maternal Fetal Medicine. Her research interests include adverse childhood experiences, preterm birth and underlying causes of maternal morbidity and mortality.



Ramya Kumar: Ramya is an ASHA certified Speech Language Pathologist specializing in infant and pediatric feeding difficulties. She currently serves as a NICU Developmental Coordinator championing changes in unit culture, system-wide policy development and supporting transition of NICU families to community-based programs. She has also co-founded Arizona NICU Follow-Up Specialists, a community resource supporting NICU graduates and their families as they transition from hospital to home. Ramya is a Board Certified Specialist in Swallowing & Swallowing Disorders, Certified Neonatal Therapist, International Board Certified Lactation Consultant, Neonatal Touch & Massage Certified Therapist & has completed the Trauma Informed Professional Certificate. In addition, she has received the Developmental Care Specialist Designation through the National Association of Neonatal Nurses. Ramya is passionate about creating long term mealtime successes and her philosophy to patient care is deeply rooted in the belief that every patient – no matter how small, has a voice; and that families should be empowered to be active participants in their care plan.



Dr. Gregory C. Martin, MD: Neonatologist Gregory C. Martin, MD, recognizes what caring for newborns with medical challenges can mean for a child and their family. "Effective care can impact a child for a lifetime," says Dr. Martin. "I love the idea of giving the most fragile infants a chance at life." Providing specialty care for babies born with complex or high-risk conditions runs in Dr. Martin's family. His mother was a neonatal intensive care unit (NICU) nurse. His uncle is also a neonatologist. "Visiting my uncle's NICU with my mother as a child inspired me to be a doctor," says Dr. Martin. Phoenix Children's mission to provide hope, healing and the best healthcare for children and their families inspires his care every day. He carries out that mission using a team approach that leverages the expertise of specialists. Together, they create a plan for evidence-based Care. Dr. Martin understands that helping families is an important part of the care he provides, too. "I truly enjoy the moments spent with each family, supporting them during their time of need," says Dr. Martin.



Speaker Biographies

In alphabetical order by last name



Teresa Aseret-Manygoats, MPA: Ms. Teresa Aseret-Manygoats (she/her) currently serves as the Bureau Chief for the Bureau of Chronic Disease and Health Promotion at the Arizona Department of Health Services (ADHS). She has a Bachelor of Science in Political Science, and Master in Public Administration from Arizona State University. Teresa has over 23 years of experience working in the public health field with expertise in program evaluation and data coordination; community engagement; and developing and implementing public health approaches and initiatives that address population health; social determinants of health; health equity; and policy, system and environmental change. Teresa previously worked at the 3rd most populous local public health jurisdiction in the US, Maricopa County Department of Public Health in Phoenix, Arizona, and a non-profit Tribal organization serving Tribes in Arizona. Teresa currently functions as the State Chronic Disease Director for Arizona and is a serving member and current Treasurer of the National Association of Chronic Disease Directors (NACDD) Board. Teresa is a 2023 Flinn Brown Fellow; and also serves on ADHS' Human Subjects Review Board; Governor's Advisory Council on Aging (GACA); Arizona Community Engagement Alliance (AzCEAL) Taskforce; Mayo Clinic-Arizona Community Advisory Board (CAB); Arizona Health Equity Conference Planning Committee; and American Cancer Society's Arizona Area Board in Arizona. Teresa is Filipina, and an enrolled member of the Navajo Nation.



Allan Stockellburg: Allan Stockellburg is a father, husband, and Tucson-native who attended the University of Arizona and University of Phoenix. Allan has served as the Executive Director at Parent Aid Child Abuse Prevention Center since 2019 and currently chairs the Pima County Parenting Coalition. Allan believes all parents want to be the best parent they can be, but not all parents have the tools and resources to do so, especially dads.



Michele Thorne: Michele is the Co-Founder and Executive Director of Care 4 the Caregivers. Michele gave up working in the field of genetics when both of her children were diagnosed with autism. Since then, she has been focused on providing critical care to those who are raising children with disabilities. Michele has a BS, MBio, and Nonprofit Management Certification from Arizona State University and is a Stepping Stone Triple P and Protective Factors Framework facilitator.



Amy Ward: Amy is the mother of 5 children, 4 with varying disabilities. Amy has worked as a caregiver mentor for medical students and genetic counselors. She is the Community Relations Director for Care 4 the Caregivers helping to plan and execute community events, organize volunteers, and conduct training for therapists and caregivers.



Conference Planning Team
In alphabetical order by last name

Mary Anthony, RN, BSN
Maricopa County Department of Public Health

Donna Gonzales
Arizona Department of Health Services

Traci King, MSN, RN
Valleywise Health

Julie Kodicek, RN, MSN
Southwest Human Development

Ramya Kumar, MS, CCC-SLP, BCSS, CNT,
IBCLC, NTMTC
Abrazo Health

Mary Mills, BS, RN
Independent Nursing Consultant

Jessica (Jess) Payne, BS
Arizona Department of Health Services

Mary Ann Sawyer, RN, BSN, IBCLC
Banner Children's at Banner Desert Medical Center

Christina Tussey MSN, APRN-CNS, RNC-OB,
RNC-IAP, RNC MNN)
Banner Health / Banner University Medical Center
Phoenix

Cindy Walker, RN, BSN
Dignity Health – St. Joseph's Hospital
Arizona Department of Health Services

Megan Wills
Easterseals Blake Foundation

Conference Management by:
David Alan Ryder, MBA
Veer Consulting Conference Management

