



Participating in the annual Home Visiting Conference is a bit like going to a wonderful banquet that includes delicious old favorites as well as new tasty dishes you are dying to try. What is your strategy? Load up with lots of the favorites or try just a little of everything? This year, you will have more options than ever to sample home visiting topics as specifically or as broadly as you choose.

### **Discussion Sessions** "Sticking Your Toe In"

This year, conference participants will have even more opportunities to exchange ideas and interact with each other. On Thursday, September 7 from 1:45 pm to 3:00 pm we will set up discussion groups in the Highland center. Each table of 10 will have a number and a discussion topic. Participants will be invited to join 3 different discussions during the 90-minute session. Each discussion group will be facilitated by a designated leader who will briefly introduce the subject and give an overview of the evidence available on the subject (5-10 minutes). The group at the table will then have a facilitated discussion (15-20 minutes). When the buzzer sounds, participants move to the next discussion group and repeat the process. Everyone will cycle through 3 discussion groups. No need to sign up for topics, just come to the session and join any table that has room. If the discussion you want to join is full, then join another discussion and circle back on the next round to find an open seat.

### **Workshops** "Gaining Understanding"

Workshops will feature a combination of lectures, questions and discussions designed to engage the participants over a 90-minute period. Workshop Tracts include

- Balance and Self Care
- Supervisors
- Health
- Diverse Populations
- Skills and Resources for Home Visitors.

### **Extended Workshops** "Digging Deeper"

Available this year are the "Digging Deeper" workshops that include a Part I and Part II. When registering, be sure to sign up for both sessions. These extended workshops are designed to give the participant a deeper understanding of the subject over 2- 90-minute workshop periods.